



IMPACT
CENTRE FOR INNOVATION IN
MENTAL AND PHYSICAL HEALTH
AND CLINICAL TREATMENT



A New Approach to Schizophrenia

Do you have schizophrenia and are interested in trying something that might supplement your usual treatment?



A New Approach to Schizophrenia

The Aim

We would like to study the benefits of adding a new treatment for schizophrenia to your usual treatment.

The Reason

It is believed that the symptoms of schizophrenia may be partially caused by increased levels of inflammation and oxidative stress (an imbalance in the levels of antioxidants) in the brain. There is evidence to suggest that the rind of the fruit from the Mangosteen tree contains bioactive compounds that may be beneficial in reducing oxidative stress, which may in turn reduce the symptoms experienced by those with schizophrenia.

Persons Eligible for the Trial

Anyone 18 years or older with a diagnosis of schizophrenia or schizoaffective disorder.

Key Points for Participants

- The trial will NOT involve any costs.
- People will continue their usual treatment.
- The study has two arms, the placebo arm which will not contain active ingredients and the active arm which does contain active ingredients.
- The treatment trial will last 24 weeks with regular 4 weekly assessments.
- We will require your commitment to taking two capsules once a day with food.
- You will attend a follow up visit 1 month after the completion of the study

The Researchers

This study will be conducted at three sites, Barwon Health, Geelong, and Metro South and Metro North Hospital and Health Service. The teams at these sites have a primary interest in schizophrenia.

Contact Details

Persons wishing to take part in the trial can obtain more information from:

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